

## Oxygenized Supplements Can Assist In Training or Competition

By James Johnson  
3x USA National Champion



**H**ave you ever reached a point in training and/or competition when you felt as if you couldn't breathe? Most athletes at one time or another have had this experience. That feeling is your body struggling to pump oxygen into your system. When it happened to me, I thought if some biochemist could create the perfect oxygenized product to increase ones' oxygen uptake it would be great.

When seeking a product that will assist with your overall training and/or competition regime look to see if these supplements contain antioxidants, and vitamins to provide the nutrients needed to help optimize cellular mitochondria performance in your muscles and entire body. Having wrestled and weight trained for 20 years, and now training other athletes, I am very suspicious of anything that is immediate and tangible—except for O2Support. "O2Support is immediate and tangible" my product of choice. O2Support offers a unique combination of antioxidants, amino acids, minerals and vitamins that help nutritionally support the body by aiding cellular respiration, enhancing electron transport, and assisting in efficient utilization of oxygen by body tissues.

Usually elite athletes are the first to speak about a product if they have gained some type of edge. Rob Eiter, 1996 Olympic Freestyle Member, explains "Because of my work schedule, plus working out with the Northwestern wrestling team, I love taking O2Support! I am usually up and out of the house by 5 am everyday for work, work all day, then go to practice until 6 pm. O2Support gives me that extra boost and alertness that I need to get me going in the morning and then again before I workout. I defiantly notice a difference in my mental alertness and stamina after taking O2Support." You may contact Rob at [www.robeiter.com](http://www.robeiter.com) to seek his coaching advise about nutritional products for wrestling.

In competitive wrestling extra oxygen means more energy to boost your body's efficiency, which can enhance your per-

formance. Better utilization of oxygen means increased stamina and energy-critical for peak athletic performance. O2Support is specially formulated to help reduce fatigue, shortness of breath, and improve mental clarity during workouts. Mental clarity is particularly beneficial because most injuries occur when you are fatigued and lose focus on the tasks at hand. So, O2 Support will help you stay sharp during a challenging workout.

Nutrition for Life, sports performance products, comply with current National Collegiate Athletic Association and US Anti-Doping Agency (USADA) standards.

Each combines the latest innovations in nutrition, science and technology to deliver leading-edge products that are safe and effective. You won't find ephedra, creatine, steroids or potentially "performance-enhancing" substances in NFLI products.

To seek additional information regarding O2 Support and NFLI products, you may contact James Johnson toll free at 1-888-877-2322 or visit our website at [www.nutritionforlife.com/223163](http://www.nutritionforlife.com/223163) and get an advantage on your competitor.

## Peak Performance! with O2 Support

Formulated to assist your body's oxygen uptake potential and carrying capacity.\* Better utilization of oxygen means increased stamina and energy! Contains a safe, proprietary blend of Coenzyme Q-10, Ginkgo Biloba, PABA, Inosine, Malic Acid, Selenium, plus vitamins C, B1, B2, B3, and B5.



Used by World-Class Wrestler  
**James "JJ" Johnson**

- 3 Time USA National Champion
- 4 Time World Cup Medalist
- 2001 Veterans World Bronze Medalist



Contact JJ For More Information:

Independent Distributor

[www.jjchamp3x.com](http://www.jjchamp3x.com)

**888-877-2322**



**NUTRITION FOR LIFE**  
INTERNATIONAL®

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.